

The Cornerstone

Volume 35, Issue 7

11/4/25



Tau Beta Pi
The Engineering Honor Society

Letter From the Historian

Hello Tau Beta Pi electees!

Welcome to Fourth General. I hope you all had a fun and spooky Halloween! Initiation is coming up soon, so I hope you all are making good progress on your electing requirements. Additionally, elections are also coming up, and many officer positions are open, so feel free to nominate yourself or others for any of the open positions. If you have any questions about a specific position, don't hesitate to reach out to that current officer.

At today's meeting, we will be judging the presentations that you all have made, and the team with the best presentation will have the opportunity to pick the president! I hope you all have fun and continue making great progress on your electing requirements.

- David Lu

In This Issue

- Letter from the Historian
- Fourth General
- One Minute Reads
- TBPuzzles

Meeting Agenda

- Announcements
- Officer Updates
- Powerpoint Party

Upcoming Events

- The Breakfast Party:
11/6, 8:30 AM - 12:00 PM
- Unitea Boba Social:
11/6, 12:00 PM - 1:00 PM
- Love A Park Day: 11/6,
3:00 PM - 5:00 PM
- Clash Royale
Tournament: 11/7, 5:00 PM - 7:00 PM

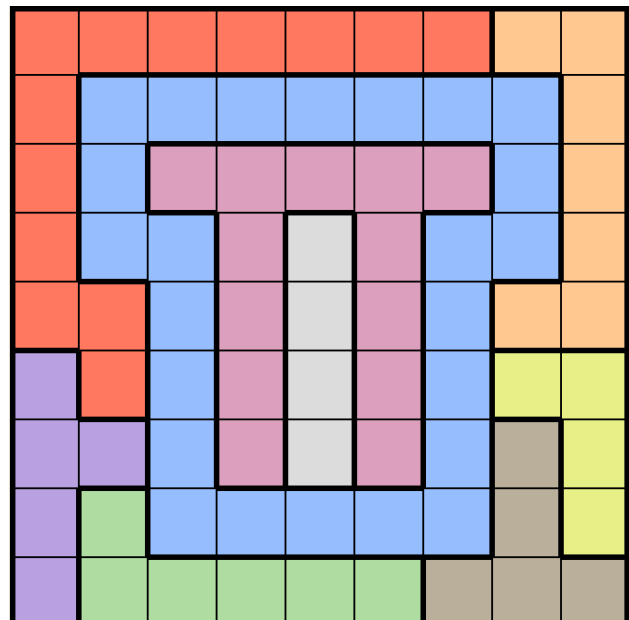
One Minute Reads

Caffeine doesn't actually give you energy. It blocks adenosine, the neurotransmitter that signals tiredness. With that inhibition gone, your neurons fire rapidly, dopamine levels rise, and your body temporarily enters a high-alert mode. When caffeine wears off, adenosine floods back in, causing the crash. That's why caffeine naps, a short sleep right after drinking coffee, work so well: you rest as caffeine kicks in, waking up just as your receptors are blocked and your alertness spikes. Keep this in mind the next time you chug an energy drink!



The Best Puzzles

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		6		4				3
		4		1		5		
5				7		9		
		1	3	5		6	9	
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				1				9
			9			1		
	9			2	6	5	8	
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